East Ravendale Church of England Primary School
East Ravendale, Grimsby, North East Lincolnshire, DN37 ORX
Email: enquiries@eastravendale.laat.co.uk
Telephone: 01472 825999
Headteacher: Becky Farr

East Ravendale C of E Primary School

RSHE Policy

At East Ravendale, we strive to develop independent, self-motivated and inquisitive learners of all ages. We celebrate our uniqueness and value all as God's children. We aim to give all members of our community opportunities to succeed, now and in the future, knowing they are safe and valued.

Our vision is underpinned by our core values of wonder, belief and joy.

"I can do all things through God who strengthens me." Philippians 4:13

Policy reviewed July 2026

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1. Definition, Aims and Rationale

This policy sets out East Ravendale CE Primary School's approach to Personal, Social, Health and Economic (PSHE) education, including statutory Relationships Education and elements of Health Education. It reflects our Christian vision and our commitment to nurturing every child's spiritual, moral, social and cultural development.

At East Ravendale, RSHE education is defined as a planned programme that equips pupils with the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work.

Our aims are to ensure that pupils:

- Develop healthy, respectful relationships grounded in Christian values of peace, hope and joy
- Understand how to keep themselves physically and emotionally safe
- Build resilience, confidence and independence
- Learn to make informed decisions and understand their rights and responsibilities
- Are prepared for the opportunities, responsibilities and experiences of later life
- Understand diversity, equality and the importance of respecting others
- Develop age-appropriate understanding of online safety, physical health, mental wellbeing and economic awareness

Curriculum foundations

We follow:

- PSHE Association Programme of Study (2023/24)
- Statutory Relationships Education and Health Education requirements

2. Roles, Responsibilities and Staff Training

PSHE is led by the PSHE/RSE Lead, supported by the Senior Leadership Team and the Governing Body.

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All class teachers deliver PSHE. Teachers receive ongoing CPD, including PSHE Association training, Trust CPD and network support, along with in-school development.

Use of visitors

Visitors (e.g., school nurses, Compass Go practitioner, Police community officers, charity educators) may enrich learning but never replace the teacher. All visitors:

- Are selected for suitability
- Have materials reviewed in advance
- Are briefed on safeguarding procedures
- Are supervised at all times

3. **Curriculum Design**

We deliver a spiral curriculum from EYFS to Year 6, ensuring concepts are revisited and deepened over time.

We follow the PSHE Association's three core themes:

- **Health and Wellbeing -** This is where pupils learn to manage risk, keep themselves safe, and make informed decisions
- **. Relationships** - This theme covers how people interact with others, both offline and online.
- **Citizenship** -This is the main home for law, democracy, citizenship and community safety.

Content is adapted for developmental stage, maturity and needs of pupils. A full long-term plan is published on the school website and available on request.

4. **Pupils with Special Education Needs**

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We are committed to ensuring that all pupils, including those with SEND, can access, understand and engage with the PSHE curriculum. We recognise that some pupils may experience barriers to learning in PSHE, including difficulties with communication and language, social understanding, emotional regulation, cognition, processing, memory or interpreting abstract concepts.

In order to ensure that key messages are meaningful and understood, teaching will be adapted where needed through the use of clear and explicit language, visual supports, pre-teaching of vocabulary, chunked learning, repetition, modelling, structured discussion, concrete examples, social stories and additional scaffolding or adult support where appropriate. Staff will check pupils' understanding carefully, revisit key concepts as needed and adapt delivery in response to individual needs so that all pupils can access essential PSHE learning, including important messages relating to relationships, wellbeing, safety and safeguarding.

5. Timetabling

PSHE is taught:

- Weekly in all classes (EYFS–Y6)
- Through additional themed days (e.g., Anti-Bullying Week, Mental Health Week)
- Through collective worship and Christian values education • Through cross-curricular links (e.g., science, computing, RE)

6. Statutory Relationships Education Content

We teach all statutory content, including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

All content is taught through a Christian lens of dignity, respect and compassion.

7. Sex Education (Non-Statutory)

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In Year 6, pupils learn:
• How babies are conceived (biological, non-graphic)
• Puberty and body changes
• Healthy relationships and boundaries
Parents may request withdrawal from this specific content.

7. Assessment and Evaluation

Assessment is not about passing or failing but about understanding progress.
Teachers use:
• Baseline assessments
• End-of-unit reflections
• Pupil voice
• Work samples
• Observations
Teachers and pupils both need to know what has been learned, and how learning and understanding has progressed. Evaluation informs curriculum development annually.

8. Monitoring and Review

The PSHE Lead monitors:
• Planning
• Lesson delivery
• Pupil voice
• Assessment outcomes
The policy will be reviewed every 18–24 months.

Right to withdraw

Parents cannot withdraw their child from Relationships Education or Health Education. Parents may request withdrawal from non-statutory sex education (Year 6 puberty/ conception content). A meeting with the Headteacher will be arranged