



## East Ravendale CE Primary School

### PE Long Term Plan EYFS - Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Sporty Superheroes</p>	<p>Time Travel Adventure</p>	<p>Jungle Adventure</p>	<p>Space Explorers</p>	<p>Land of Fairytales</p>	<p>Beach Trip &amp; The Deep Blue Sea</p>
Core experiences	<p>Games played both indoors and outdoors. Engaging actively in stories, conversation, story-telling and role play. Share their ideas with support and modelling from the Activity. Professional Playing and exploring. Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and</p>	<p>Games played both indoors and outdoors. Engaging actively in stories, conversation, story-telling and role play. Share their ideas with support and modelling from the Activity. Professional Playing and exploring. Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and</p>	<p>Games played both indoors and outdoors. Engaging actively in stories, conversation, story-telling and role play. Share their ideas with support and modelling from the Activity. Professional Playing and exploring. Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and develop simple</p>	<p>Games played both indoors and outdoors. Engaging actively in stories, conversation, storytelling and role play. Share their ideas with support and modelling from the Activity. Professional Playing and exploring. Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and develop simple</p>	<p>Games played both indoors and outdoors. Engaging actively in stories, conversation, story-telling and role play. Playing and exploring. Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and develop simple movements and actions.</p>	<p>Games played both indoors and outdoors. Engaging actively in stories, conversation, storytelling and role play. Share their ideas with support and modelling from the Activity. Professional Playing and exploring. Experience a variety of equipment and explore ways to use safely. Concentrate and keep on trying if they encounter difficulties. Enjoy achievements. Creating and thinking - have and develop their own ideas, make links between ideas, and develop simple</p>

	develop simple strategies for performing different movements and actions.	develop simple strategies for performing different movements and actions.	strategies for performing different movements and actions	strategies for performing different movements and actions.		strategies for performing different movements and actions
Year 1/2	Multi- skills	Gymnastics	Net and Wall	Hockey	Striking and Fielding	Athletics
Core experiences	Multi skills based activities with an emphasis on space. A variety of activities including themes of Basketball, Netball, Handball, Football, Tag Rugby and Hockey. A variety of equipment including balls, goals and hockey sticks. Working in small team. Simple competition in pairs and small teams.	Working alone, in pairs, small groups and as a whole class. Performing parts of a sequence and entire sequences to small groups and to the class. Exploring humanities subjects terms and vocabulary within the dance routines.	Net & Wall based activities with an emphasis on space. A variety of activities including themes of Tennis, Badminton, Table Tennis and Volleyball. A variety of equipment including balls, nets and rackets Working in small teams Simple competition in pairs and small teams.	Multi skills based activities with an emphasis on space A variety of activities including themes of Hockey A variety of equipment including a variety of balls (Hockey balls, Tennis balls and larger soft balls, goals) Working individually and in small teams Simple competition in pairs and small teams.	Multi skills based activities with an emphasis on sending and receiving A variety of activities including themes of Cricket, Rounders and Kick Rounders A variety of equipment including balls, bats, wickets and bases Working in small teams Simple competition in small teams.	A variety of activities using agility, balance and co-ordination A variety of equipment including hoops, beanbags and balls Working individually and in small groups Simple competition alone and in pairs Working indoors and outdoors Running at different speeds for short and long distances and durations Throwing for accuracy and distance Jumping for distance.
Year 3/4	Invasion Games	Net and Wall	Gymnastics	Netball	Striking and Fielding	Athletics
Core experiences	Competition in different games. Scenario activities, small-sided matches.	Net & Wall based activities with an emphasis on space. A variety of	Working alone, in pairs, small groups and as a whole class. Performing	Different types of games. Simplified versions of games (2v1, 3v3), shooting,	Multi skills based activities with an emphasis on sending and receiving A	A variety of activities using agility, balance and co-ordination A

	Scenario cards. Apply game principles/rules.	activities including themes of Badminton and Volleyball. A variety of equipment including balls, nets and rackets. Working in small teams. Simple competition in pairs and small teams.	parts of a sequence and entire sequences to small groups and to the class. Using creative ideas to build on sequences and create brand new movements. Use terms and vocabulary from Science and Humanities subjects within Gymnastics routines.	game scenarios. Apply game principles/rules.	variety of activities including themes of Cricket, Rounders and Kick Rounders. A variety of equipment including balls, bats, wickets and bases. Working in small teams. Simple competition in small teams.	variety of equipment including hoops, beanbags and balls. Working individually and in small groups. Simple competition alone and in pairs. Working indoors and outdoors. Running at different speeds for short and long distances and durations. Throwing for accuracy and distance. Jumping for distance.
Year 5/6	Invasion Games	Net and Wall	Gymnastics	Tennis	OAA	Athletics
Core experiences	Competition in different games. Scenario activities, small-sided matches. Scenario cards. Apply game principles/rules.	Net & Wall based activities with an emphasis on space. A variety of activities including themes of Badminton and Volleyball. A variety of equipment including balls, nets and rackets. Working in small teams. Simple competition in pairs and small teams.	Working alone, in pairs, small groups and as a whole class. Performing parts of a sequence and entire sequences to small groups and to the class. Using creative ideas to design new sequences. Using the vocabulary and terminology of Science and Humanities subjects within the routine. Using video to	Different types of games. Apply game principles. Applying rules and making decisions aligned to the rules.	Familiar and unfamiliar environments and situations. Working individually and in small groups. Responding to challenges in different conditions.	A variety of activities using agility, balance and co-ordination. A variety of equipment including hoops, beanbags and balls. Working individually and in small groups. Simple competition alone and in pairs. Working indoors and outdoors. Running at different speeds for short and long distances and durations. Throwing

			capture and critique own and others performance.			for accuracy and distance Jumping for distance.
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